



August 2020

Distance Learning Meal Pick up

Your meal pack may contain any combination of the following items:

Menu Subject to Change

Entrée – 5 items weekly (selections will vary depending on availability)

Breakfast

Muffins
Buttermilk Bar
Pancakes/Waffles
Nutrition Bar
Pancake on a stick
French Toast
Cheese Omelet

Lunch

Taco Dip/Chili Beans
Asian Rice Bowl
Fajita Bowl
Grilled Cheese
Bean & Cheese Burrito
Burger/Cheeseburger
Chicken Sandwiches

Fruit/Vegetable (selections will vary depending on availability)

Apples/Oranges
Baby Carrots
Pears

Raisins
Applesauce
Frozen Fruit Cup

Beverage

Non-Fat Chocolate Milk
1% Unflavored White Milk