Rescue CPR Immediately

After delivering CPR, or if no shock is advised:

- Leave pads in place and perform 5 cycles (about 2 minutes) of CPR before reanalyzing.

Call 911

- If an unconscious person is face-down, roll face-up, supporting the head, neck and back in a straight line.

Check for Breathing

Check quickly for breathing for no more than 10 seconds. Occasional gasps are not breathing.

Check for Responsiveness

Gently shake and shout “Are you OK?”

If Person Not Breathing

Bare chest and begin CPR with cycles of 30 compressions and 2 breaths. Apply and use the AED as soon as it's available.

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AED / CPR TRAINING OPPORTUNITIES: Please contact Risk Management for training schedule at 714.628.5390.

AFTER AN INCIDENT: Contact Risk Management at 714.628.5390 when an AED has been used.