

California Healthy Youth Act

Curriculum Review Committee Recommendations



California Healthy Youth Act (2016)

CHYA (2016)

The **CALIFORNIA HEALTHY YOUTH ACT (CHYA) of 2016** requires school districts to ensure that all pupils in grades 7-12, inclusive, receive comprehensive sexual health education and HIV prevention education at least once in high school and once in middle school.

Genuine Wellness & Safety



A safe and respectful environment is essential to student success. By knowing each student's name, face and story, Orange Unified promotes a culture that nurtures the emotional health, safety, and well-being of students, staff, and parents.

Student Instruction

The law provides direction to school districts to ensure students have knowledge and skills for making and implementing healthy decisions about sexuality including negotiation and refusal skills to assist in overcoming peer pressure and using effective decision-making skills to avoid high-risk activities.

California Healthy Kids Survey Data

2014-15 - Middle School/High School Students

- ▷ 12,868 students identified as lesbian, gay, or bisexual (LGB) and 2,383 identified as transgender in Orange County.
- ▷ 45.8% of LGB and 49.2% of transgender youth reported that they had seriously considered attempting suicide.
 - ▶ 7,065 LGBT youth seriously considered attempting suicide.

OUSD Curriculum Implementation



Elementary

Comprehensive sexual health education and HIV prevention education is not taught in OUSD elementary schools.

Curriculum Review Committee - MS

- ▷ Teachers (Elementary, Middle)
- ▷ District Staff
- ▷ Parents (Elementary, Middle, High School)
- ▷ Medical Professionals/University Professors
- ▷ District Nurses
- ▷ Curriculum Council Member
- ▷ District Advisory Council Member
- ▷ Orange Community Council PTA
- ▷ GATE Community Advisory Committee Member

Curriculum Review - MS

- ▷ Flash
- ▷ Rights, Respect, Responsibility
- ▷ Making Proud Choices
- ▷ Positive Prevention Plus
- ▷ Check the Facts
- ▷ UCI Curriculum

MS

Positive Prevention Plus

Let's take a look!

Positive Prevention *Plus*



Topics Addressed

- ▷ Getting Started: Classroom Ground Rules and Vocabulary
- ▷ Life Planning
- ▷ Exploring Friendships and Other Relationships
- ▷ Bullying and Relationship Violence
- ▷ Preventing Unplanned Pregnancies
- ▷ Making Informed Decisions:
Understanding the California Safe Surrender Law
- ▷ Myths and Stereotypes Regarding Persons with HIV
- ▷ HIV Disease and AIDS
- ▷ Preventing Sexually Transmitted Diseases
- ▷ Risk Recognition and Risk Reduction
- ▷ Media and Peer Pressure
- ▷ Accessing Community Services
- ▷ Setting Goals

Strengths

- ▷ Created for compliance with CHYA (2016)
- ▷ All Compliance Assessment Tool criteria covered
- ▷ Teacher and student friendly formats
- ▷ Accessible content
- ▷ Neutral videos
- ▷ Goal setting & decision making
- ▷ Acknowledged a range of values
- ▷ Inclusive

HS

High School Curriculum Apex Learning

Let's take a look!



Health Extended

APEX Learning - HS

- ▶ **Apex Online Health Course Outline** (OUSD website)
- ▶ Full online health course facilitated by OUSD health teachers, based on CA health framework.
 - ▶ Includes modules that address CHYA.
- ▶ Currently piloting at the high schools.
- ▶ Most students take the course during summer of 9th grade year.



APEX Modules

- ▶ Module Samples are available on the OUSD website.



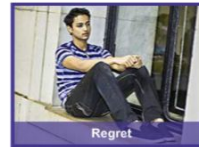
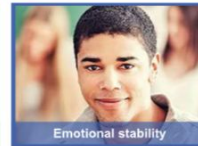
Unit 6 - Sexual Health

Practicing Abstinence

Abstinence is the practice of avoiding a certain behavior, such as sexual activity. There are many reasons to abstain from **sex**. For starters, sexual **abstinence** can protect your emotional health. Use the diagram to explore some of the ways abstinence can do this. 🔊



Roll over each rectangle for more information.



Strengths

- ▷ Created for compliance with CHYA (2016)
- ▷ All Compliance Assessment Tool criteria covered
- ▷ Student-paced
- ▷ Goal setting & decision making
- ▷ Acknowledged a range of values
- ▷ Inclusive

Parent Preview & Opt-Out

- ▷ Parents may make an appointment with their school principal, or with the Curriculum Office to preview the middle or high school curriculum.
- ▷ State law allows parents/guardians to remove a student from comprehensive sexual health or HIV prevention education.
- ▷ If parents/guardians do not want their student to participate in this instruction, written request must be given to the student's principal.

▷



Next Steps

- ▶ Information can be found on the OUSD district web site if you search for [CHYA](#)
- ▶ Later this year Positive Prevention Plus and APEX will go to the OUSD School Board for a 30 day review and possible adoption.

Thanks!

Any questions?



SCAN ME