



Same broad network with affordable rates for 2022

choice, confidence  
and coverage start here.



## Blue Shield of California's Trio HMO Plan

is designed to be affordable and offers you:



**Affordable rates** by relying on a specially selected network of providers working closely together.



A **quality network** of local doctors and hospitals, all working together to help deliver a better care experience.



**\$0 care from home options** including Teladoc medical and behavioral health virtual visits and NurseHelp 24/7 calls. Also, for qualified members recovering from serious illness, \$0 meal delivery and non-emergency transport services.



The ability to **self-refer to specialists** within your medical group without having to see your primary care physician first.\*



Shield Concierge, our **dedicated team of healthcare experts** who can find doctors, transfer medical records and prescriptions, and answer healthcare questions.



An **extensive pharmacy network**, including Safeway/Vons, Costco, and CVS (including CVS Pharmacy® in Target stores).

For more information about the Trio HMO plan, view our interactive video at [choose.blueshieldca.com/calpers](https://choose.blueshieldca.com/calpers) or visit the website at [blueshieldca.com/calpers](https://blueshieldca.com/calpers). You can also call Shield Concierge at (800) 334-5847, 7 a.m. to 8 p.m., seven days a week.

\* The Trio+ *Specialist*<sup>SM</sup> option allows HMO members direct access to participating specialists in the same medical group or Independent Practice Association (IPA) as their primary care physician. Not all medical groups or IPAs participate in this program.

